

## EAR, NOSE & THROAT CONSULTANTS OF NEVADA

W.W. Schroeder, M.D., F.A.C.S., F.A.A.P. Ashley Sikand, M.D., F.A.C.S. Frederick Goll, III, M.D. Jonathan Salinas, M.D. LaKeisha Henry, M.D., F.A.C.S Allen Young M.D. Megan Jensen M.D. Nicole Molin M.D. Daniel Kim, D.O. Kathrina Paner PA-C Alisha Alexander APRN Theresa Walker APRN-C Anna-Joy Lingwood NP Shiyuan "Annie" Zhu SLP C.Gary Daniels Au.D

PHONE: (702) 792-6700 FAX: (702) 792-7198 <u>www.entc.com</u>

## PREOP INSTRUCTIONS

- 1. The Surgery Scheduler will inform you of the surgical deposit due for your surgeon. The surgeon deposit is due one week prior to surgery. The anesthesiologist, facility, pathologist and any preoperative testing fees are additional and billed by the physicians or facilities providing those services.
- 2. Fourteen (14)Days before and 14 days after you must STOP taking: Aspirin, Aspirin-like products/NSAIDS, herbals, anti-inflammatories, vitamin E, Fish oil, Omega 3, over the counter and prescribed weight loss (including Ozempic, Mounjaro) or weight gain medications/herbals, Excedrin, Bayer, St. John's Wort, Advil, Motrin, Ibuprofen, Nuprin, Aleve, Naprosyn, Naproxen, Niacin, Niaspan, Ginseng, Gingko Biloba, Metabolife, Meridia, Feverfew, Garlic Pill Supplement, Ephedra, Licorice, Valerian, Goldenseal, Celebrex, Turmeric and Alka Seltzer. Please ask, if you are not sure if your prescriptions, vitamins, herbals or over the counter medications fall under these categories. If you take Clopidogrel, Coumadin, Plavix or any other blood thinner, please tell your surgeon and anesthesiologist. TYLENOL is O.K.
- 3. \*\*\*\*You may take blood pressure medication in the morning with a small sip of water\*\*\*\*
- **4**. There is nothing to eat or drink after midnight the night before your surgery. Nothing by mouth at all unless otherwise told by your anesthesiologist. Also, NO smoking, gum, mints, candy, ice cubes, milk or water. Children will go first because of fasting protocols.
- **5.** You will need to take the hospital/surgery center orders and pre-register no later than two to three working days prior to the surgery date. This allows time to process the facility paperwork, to complete the pre-operative tests and for the doctor to review the results of your tests before surgery.
- **6**. The Surgery Scheduler will call you the day before your surgery with the time to arrive at the hospital/surgery center and your approximate surgery time.
- **7.** Patients having anesthesia/sedation will NOT be allowed to drive after surgery. Please make arrangements to have an adult that you know take you home. If you are utilizing the bus, a taxi, Uber, Lyft or any other ride share service, you still need someone you know to accompany you home. If you are traveling out of town, please check with your surgeon or surgery scheduler for when you can travel.
- **8.** On the day of surgery, do not bring any valuables to the hospital/surgery center. Wear comfortable clothing; we recommend something that buttons or zips. Wear no face makeup, body lotions, nail polish, or cologne/perfume. Shower or bathe before going to the hospital/surgery center.

Northwest Office	Green Valley Office	Southwest Office
7040 Smoke Ranch Road	3195 St Rose Parkway	8840 W Sunset Road
Las Vegas, NV 89128	Suite 210 Henderson, NV 89052	Suite A Las Vegas, NV 89148
Las vegas, INV 03120	(Mailing address)	Las vegas, IVV 09140



Surgery Schedulers:

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9. Following surgery, please direct any post-operative or medication questions to the Triage Department. Call (702) 792-6700, press 3 and listen carefully for your prompt. You may also reach us by messaging through the Patient Portal.

After hours, please leave a message with our answering service at (702)792-6700; or if a true emergency go to your nearest emergency room.

Dr. Schroedek	(/UZ) /9Z-6/UU ext. 1ZU4		
Dr. Sikand	(702) 792-6700 ext. 1035		
Dr. Goll	(702) 792-6700 ext. 1203		
Dr. Henry	(702) 792-6700 ext. 1309		
Dr. Salinas	(702) 792-6700 ext. 1309		
Dr. Young	(702) 792-6700 ext. 1309		
Dr. Molin.	(702) 792-6700. ext 1302		
Dr. Jensen.	(702) 792-6700. ext. 1305		
Datie of Consulting Co		Data	
Patient/Guardian Signature:		Date:	
Witness:		Date:	
Patient Account #:			

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