



EAR, NOSE & THROAT CONSULTANTS OF NEVADA

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Post-Operative Instructions: Bilateral Myringotomy Tympanostomy with Tube (BMTT)

- 1) Ask your doctor if it is necessary for the patient to have ear plugs for water activities.
- 2) You will be given drops for the patient's ears to use as follows:

Pediotic/Gentamycin Suspension: Three (3) drops in each ear three (3) times a day for three (3) days following surgery, unless otherwise advised by your doctor.

THEN...

Use the drops after water exposure (when the patient swims or goes underwater, either in the bathtub or swimming pool) or when you see drainage. If after three (3) days of drops the patient's ears are draining, please call our office. An antibiotic may be necessary; if so, this can be called in to your pharmacy.

- 3.) A follow-up appointment will be scheduled for you approximately two (2) to three (3) weeks following surgery, and then every six (6) months until the tubes come out of the patient's ears.
- 4.) There are no restrictions on the patient's activity or diet following surgery.
- 5.) If the patient develops a cold or any other upper respiratory illness, they may have drainage out of the ears, which may be bloody on occasion. DO NOT let this alarm you. Use the drops as prescribed above. The purpose of the tubes is to keep the ear free of the buildup of fluid. YOU WANT TO SEE DRAINAGE.
- 6.) You may give Tylenol for any discomfort or fever (NO ASPIRIN). Notify your doctor of any persistent fever over 102 degrees.

**REMEMBER: No Advil, Motrin, Ibuprofen, or any Aspirin products for
two weeks post-operatively.**

- 7.) If you do not understand your instructions or if you still have unanswered questions, feel free to call your doctor or his medical assistant at (702)792-6700.

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